

Bedroom Cleaning Checklist

DAILY

- Make your bed
- Clear your dresser
- Clear nightstand
- Throw away any trash
- Return dishes to kitchen
- Pick up any clothes
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WEEKLY

- Dust
- Vacuum
- Wash sheets/blankets
- Dust
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MONTHLY

- Dust ceiling fans/fixtures
- Wipe down baseboards
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QUARTERLY

- Clean curtains
- Clean windows
- Flip/rotate mattress
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