

Declutter Checklist

KITCHEN AND PANTRY

- ☐ Worn sponges and scrubbers
- ☐ Food containers without matching lids
- ☐ Expired food
- ☐ Canned food you won't use
- ☐ Expired spices, sauces, and dressings
- ☐ Small appliances you don't use
- ☐ Water bottles and travel mugs you don't use
- ☐ Expired vitamins and supplements
- ☐ Cookbooks you don't use
- ☐ Mugs and glasses you don't use
- ☐ Extra plates and silverware
- ☐ Cooking utensils you don't use
- ☐ Scratched nonstick pans
- ☐ Pots and pans you don't use
- ☐ Worn oven mitts
- ☐ Extra fridge magnets
- ☐ Cleaning supplies you don't use
- ☐ Old printed recipes
- ☐ Takeout condiment packets
- ☐ Extra reusable shopping bags

BEDROOMS AND CLOSET

- ☐ Clothes that no longer fit
- ☐ Worn or stained clothing
- ☐ Clothes you don't wear
- ☐ Pajamas you don't wear
- ☐ Shoes you don't wear
- ☐ Old shoe boxes
- ☐ Gift bags and wrapping paper you won't use
- ☐ Purses and wallets you don't use
- ☐ Old backpacks
- ☐ Bridesmaid or prom dresses
- ☐ Jewelry you no longer wear
- ☐ Single earrings
- ☐ Broken belts and ties
- ☐ Worn bedding
- ☐ Extra hangers
- ☐ Nightstand clutter
- ☐ Toys no longer played with
- ☐ Games and puzzles with missing pieces
- ☐ Sheets that don't fit

LAUNDRY ROOM

- ☐ Empty detergent bottles
- ☐ Old laundry baskets
- ☐ Dryer sheets or fabric softener you don't use
- ☐ Socks without matches

BATHROOMS

- ☐ Expired makeup
- ☐ Expired skincare
- ☐ Empty product bottles
- ☐ Hair tools you don't use
- ☐ Hair accessories you don't use
- ☐ Old contact lens cases
- ☐ Dried-up nail polish
- ☐ Old nail files
- ☐ Broken shower caddies
- ☐ Expired medications and vitamins
- ☐ Hotel toiletries
- ☐ Worn towels and washcloths
- ☐ Old toothbrushes
- ☐ Cleaning supplies you don't use
- ☐ Perfumes and body sprays you don't use
- ☐ Old bath mats

STORAGE AREAS

- ☐ Empty storage bins and boxes
- ☐ Holiday decorations you don't use
- ☐ Furniture you don't need
- ☐ Old textbooks
- ☐ Old product manuals

GARAGE AND OUTDOOR

- ☐ Sports equipment you don't use
- ☐ Garden tools you don't use
- ☐ Empty flower pots and planters
- ☐ Dried-up paint supplies
- ☐ Car care products you don't use
- ☐ Extension cords you don't use
- ☐ Hand tools you don't use
- ☐ Extra storage bins

LIVING ROOM

- ☐ Old remote controls
- ☐ Media equipment you don't use
- ☐ Movies, music, and video games you don't use
- ☐ Outdated décor
- ☐ Books and magazines you won't read
- ☐ Extra coasters
- ☐ Decorative pillows you don't use
- ☐ Baskets and bins you don't use

OFFICE AND PAPER

- ☐ Expired coupons
- ☐ Old utility bills
- ☐ Unopened mail
- ☐ Junk mail
- ☐ Old notebooks
- ☐ Old calendars and planners
- ☐ Expired warranties
- ☐ Greeting cards you don't want to keep
- ☐ Empty folders
- ☐ Dried-up pens and markers
- ☐ Old restaurant menus
- ☐ Extra charging cables
- ☐ Empty phone and tablet boxes

MISC.

- ☐ Books you won't read again
- ☐ Old phone cases
- ☐ Old electronics
- ☐ Broken crayons and art supplies
- ☐ Old business cards
- ☐ Broken lamps
- ☐ Throw rugs you don't use
- ☐ Candles and candle holders you don't use
- ☐ Knickknacks you don't want
- ☐ Product samples you won't use
- ☐ Whiteboards you don't use
- ☐ Pet supplies you no longer use