

Deep Cleaning Checklist

WHOLE HOUSE

- ☐ Vacuum carpets and rugs
- ☐ Shampoo carpets
- ☐ Sweep and mop hard floors
- ☐ Clean windows
- ☐ Wash window tracks
- ☐ Wipe down baseboards
- ☐ Spot clean walls
- ☐ Dust high shelves
- ☐ Dust ceiling corners
- ☐ Dust ceiling fans and light fixtures
- ☐ Dust blinds
- ☐ Clean air vents
- ☐ Vacuum under furniture
- ☐ Replace HVAC filter
- ☐ Wipe down doors, handles, and light switches
- ☐ Launder curtains
- ☐

BATHROOMS

- ☐ Clean mirrors
- ☐ Clean sinks
- ☐ Wipe countertops
- ☐ Scrub toilet
- ☐ Deep clean shower and bathtub
- ☐ Clean shower doors or curtain
- ☐ Wipe cabinets and drawers
- ☐ Clean drains
- ☐ Wipe exhaust fan cover
- ☐ Empty and wipe trash can
- ☐ Wash bath mats
- ☐ Sweep floors
- ☐ Mop floors
- ☐
- ☐

KITCHEN

- ☐ Scrub and disinfect sink
- ☐ Clean out refrigerator and freezer
- ☐ Wipe refrigerator shelves
- ☐ Clean behind refrigerator
- ☐ Clean microwave inside and out
- ☐ Run a dishwasher cleaning cycle
- ☐ Clean oven and stovetop
- ☐ Clean range hood
- ☐ Wipe backsplash
- ☐ Wipe small appliances
- ☐ Wipe cabinets and hardware
- ☐ Clean garbage disposal
- ☐ Sweep or vacuum floors
- ☐ Mop floors
- ☐

BEDROOMS

- ☐ Wash bedding
- ☐ Rotate mattress
- ☐ Dust furniture
- ☐ Dust blinds
- ☐ Organize nightstands
- ☐ Vacuum under bed
- ☐ Vacuum floors
- ☐
- ☐

ENTRYWAY

- ☐ Sweep or vacuum floors
- ☐ Mop floors
- ☐ Wipe front door
- ☐ Organize shoes and coats
- ☐ Wipe entry table or bench
- ☐
- ☐

LIVING ROOM & DINING

- ☐ Dust furniture
- ☐ Wipe coffee and end tables
- ☐ Clean dining table and chairs
- ☐ Vacuum furniture, including under cushions
- ☐ Vacuum rugs
- ☐ Sweep or vacuum floors
- ☐ Mop hard floors
- ☐ Wash throw blankets
- ☐ Wash pillow covers
- ☐
- ☐

LAUNDRY ROOM

- ☐ Wipe washer and dryer
- ☐ Run a washer cleaning cycle
- ☐ Vacuum lint trap housing
- ☐ Clean behind washer and dryer
- ☐ Organize laundry supplies
- ☐ Sweep floors
- ☐ Mop floors
- ☐
- ☐

SUPPLIES TO RESTOCK

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐